

DELHI TRANSPORT CORPORATION

(Government of N.C.T. of Delhi)

I.P. Estate : New Delhi-110002.

No.IRD/ Misc.

/2004/200

Dated: 27.8.2004

CIRCULAR

Shri B.K. Ram Nath, Zonal Co-ordinator, Transport & Travel Wing, "Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya" vide his letter dated 12th Aug., 2004 has made a request for organizing a Campaign for "A Happy & Peaceful Life's Journey" during the month of September, 2004 in various departments, depots, terminals, training centers etc. of this Corporation and to take advantage of this campaign. The aforesaid Vidyalaya in their letter has also indicated that during their campaign, they shall be guiding the participants on various aspects like Stress Management, De-addiction, Harmony in relationship through Rajyoga Meditation. They would also like to organize other lectures also for the staff/workers, like Team Spirit, Temperament to achieve success, time and mind management, spiritual health care, ego and anger etc. They have also mentioned in their aforesaid letter that as in inherent practice of their organization, Godly service can not be charged and therefore their programme shall be organized free of charges.

It is notified for information and necessary action by all concerned that it has been decided by the Competent Authority that the aforesaid Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya may organize their programme/campaign/deliver lectures for "A Happy & Peaceful Life's Journey" in various Depots/Units of this Corporation during the month of September, 2004, free of charges, in the following manner :-

- 1) They can run a class in the Conductor's Training/Driver's Training for "Tension-Free" Life in consultation with the Depot/Unit Authorities. The aforesaid organization has been suggested to contact the Depot/Unit authorities for fixing up the dates & timings.
- 2) The Depot Managers/Unit Officers should ensure that the programme/campaign by the aforesaid Vidyalaya is organized only in the month of September, 2004 on the dates & timings as convenient to the Depot/Unit Authorities and it may also be ensured that due to the aforesaid programmes/campaign etc., no staff should miss duty and the smooth functioning of the Depot/Unit as well as operation of buses should not be affected in any manner whatsoever.

After the programme, a report may be sent to this office.


(M.K. NIGGARWAL)

CHIEF GENERAL MANAGER (P)

All Depot Managers/Unit Officers

cc to:

1. All HODs
2. All Dy.CGMs (Regions)
3. All R.Ms
4. Secretary to CMD ... for favour of kind information of CMD.
5. Sh. B.K. Ram Nath, Zonal Co-ordinator, Transport & Travel Wing, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, C-51, Vikaspuri, New Delhi-1100 18 (Tel. 91-11-25624427, 25501219) .. w.r.t. letter dt. 12.8.04.

DELHI TRANSPORT CORPORATION
TRAINING SCHOOL: N,N. DEPOT COMPLEX
DELHI-110093

No. TRG/2005/ 62

Dated: 10/1-05/6

Shri B.K.Ram Nath
Zonal Co-Ordinator
Transport and Travell Wing
RERF, Prajapita Brahma Kumaris
Ishvariya Vishwa Vidyalya
C-51, Vikas Puri
New Delhi-110018

Subject: Programme at Training Centres on success through
Efficient style, stress management, de-addition and
Better relationship etc.

Sir,

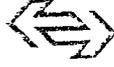
Please refer to your letter dated 9.12.2005 regarding above-mentioned programme. The above programme has been agreed to and the same may be conducted at Training School, Nand Nagri Depot Complex on 17.1.2006 to 19.1.2006 during 10.30 AM to 12.00 noon.

You are requested to send your confirmation at the earliest so that necessary arrangements are made timely.

Thanking you.

Yours faithfully,


(Pawan Kumar Bangar)
Manager(Training).



दिल्ली परिवहन निगम

(राष्ट्रीय राजधानी क्षेत्र दिल्ली सरकार)

इन्द्रप्रस्थ एस्टेट, नई दिल्ली-११०००२

फोन : २३३७०२३६ तार : 'दिल्लीबस'

फैक्स : ६१-११-२३३७०८७७

Delhi Transport Corporation

(Government of National Capital Territory of Delhi)

Incraprastha Estate, New Delhi-110002

Phone : 23370236 Gram : 'Delhibus'

Fax : 91-11-23370877

TRG/06/131 dt. 19.1.06

Parjapita Braham Kumari Ishwariya Vishwavidyalya
Traffic and Transport Wing (Delhi Zone)
C-51, Vikas Puri, New Delhi-110018

Sir,

The corporation is highly appreciating the programme organized by the Parjapita Braham Kumari Ishwariya Vishwa Vidyalya in this Trg. School from 17.01.2006 to 19.01.2006. A large number of employee of this corporation attended the programme more patiently and adopt a pin drop silence during this period and really effect their negative and positive vibration of human nature in his personality and reduced the negative vibrations and highly improve the positive vibration in his mind and reduced the stress in his body.

Such types of activities certainly effect our daily operation of buses on the roads, reduced the fatal accident, and save the human life. Again this Corporation is highly thankful and hopes this programme will also continue in future.

Thanking you.

Yours faithfully,


(V.K. Singh) 19.1.2006
Manager(A/C)T.g.

No. IRD-2008/ 82

Dated: 13-3-08

Kind attention -- Sh. Mohi Lal ji

Sub: Seminar-cum-Rajyoga Retreat on "Safety
through Spirituality."

All Managers/Sr.Managers/Dy.CGM/CGMs are requested to attend the Seminar-cum-Rajyoga Retreat on Safety through Spirituality on 29th & 30th March, 2008 at Om Shanti Retreat Centre (ORC) Village Shora Kalan, Patoudi Road, New Bilaspur Chowk, Distt. Gurgaon (Haryana), Jaipur National Highway No.8 being organised by Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. During the course of programme the organiser will provide suitable accommodation & vegetarian food to the participants. They will be allowed to use the vehicle attached to them for this purpose. The tentative programme may be seen on overleaf.

This has the approval of Competent Authority.


(R.K. Kesava)
Dy. Chief General Manager (IR)

All Concerned Officers.

Copy to Sh. B.K. Ram Nath, Coordinator Transport & Travel
Wing, RERF, Delhi, C-51, Vikaspuri, New Delhi-110018
with the request to make necessary arrangements for
about 125-140 participants.

To,

Brahma Kumaris
Transport and Travel Wing
C-51, Vikes Puri
Delhi

Kind attention: B.K. Ram Nath Ji

Subject → APPRECIATION LETTER

I appreciate programme organised by you on 13th January 2009 on the subject related to 'Road Safety through spirituality'. It was liked by all the participants. We hope such programmes in future also. Thanking you.



M. L. O. (Rajesh Kr. Ji)
State Transport Authority
N.W.Z-1
Subhash Place Depot

दिल्ली परिवहन निगम
प्रशिक्षणशाला, न०न०डिपो परिसर
दिल्ली-110093

सं०-प्रशि०/2008/८५

दिनांक: 16.1.09

श्री बी० के० राम नाथ जी
प्रजापित ब्रह्माकुमारी ईश्वरीय विश्वविद्यालय
कोआर्डिनेटर, ट्रांसपोर्ट एन्ड ट्रैवल विंग,
आर० ई० आर० एफ, दिल्ली
सी० 51, विकास पुरी, नई दिल्ली-110018

विषय: सडक सुरक्षा के संबंध में राजयोग मैडिटेशन ।

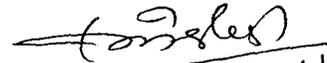
महोदय,

आपके प्रजापिता ब्रह्माकुमारी ईश्वरीय विश्वविद्यालय द्वारा दिल्ली परिवहन निगम के प्रतिशिक्षणशाला में दिनांक 12/1/2009, 14/1/2009 एवं 16/1/2009 को उपरोक्त विषय पर कार्यक्रम का आयोजन किया गया ! आपके द्वारा आयोजित किये गये कार्यक्रम को प्रशिक्षणशाला में प्रशिक्षण प्राप्त करने आने वाले कर्मचारियों एवं इस परिसर में कार्यरत कर्मचारियों द्वारा अति उत्साह एवं संयम के द्वारा सुना गया तथा अपनी जीवन शैली में परिवर्तन लाने का प्रयास करने का आश्वासन दिया गया ।

आपके द्वारा प्रशिक्षणशाला में दिये गये अमूल्य समय के लिये मैं आपके संस्थान का आभारी हूँ और आशा करते हैं कि ऐसे कार्यक्रमों का आयोजन भविष्य में भी किया जाता रहेगा ।

धन्यवाद ।

भवदीय,


(ए० के० श्रीवास्तव) 16/1/09
वरिष्ठ प्रबन्धक(प्रशिक्षण)

OFFICE OF THE ASSTT. COMMISSIONER OF POLICE
TRAFFIC: ROAD SAFETY CELL, TEEN MURTI TRAFFIC LINES
MOTHER TERESA CRESCENT, NEW DELHI

No. 713 R/ACP/T (RSC) dated 5-2-10

To,

Sh. Ram Nath
In-Charge, Transport Wing
Brahmakumaris, Delhi Office
C-51 Vikas Puri, New Delhi

Sub: Appreciation and Acknowledgement

Sir,

I on behalf of Delhi Traffic Police and on my own behalf express my heartfelt gratitude and thanks to staff members, Brahmakumaris, Delhi office, for conducting classes on Meditation and Stress Management for newly inducted Traffic Personnel who underwent the Induction Course at Teen Murti Traffic Lines RND during the months of December 2009, January and February 2010.

The lectures delivered by the staff members on the above topics have been extremely interesting as well as informative and will indeed prove to be very much beneficial for the Traffic Personnel in accomplishing their day to day responsibilities both official and personal.

The efforts on your part in imparting a spiritual approach and outlook to various problems of individuals and society as a whole is quite appreciable and we are looking forward for further cooperation and association in this regard in future also.


(JAGTAR SINGH)
Asstt. Commissioner of Police
Traffic: Road Safety Cell

Amud/2011

DELHI TRANSPORT CORPORATION
GOVT. OF NCT OF DELHI
I.P. ESTATE: NEW DELHI

No. PLD-I/Misc/11/ 815

Dated:- 17/5/11

Shri B.K. Ram Nath,
Coordinator, Transport & Travel Wing, RERF, Delhi
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya,
C-51, Vikas Puri,
New Delhi

Subject: Invitation for International Seminar cum Meditation
Retreat on "Meeting Challenges, Greeting Change" from 25th to
29th July, 2011 at Mount Abu.

Sir,

The following officer of this Corporation has been nominated for
the above said programme by the competent authority :

Shri B. Das, Senior Manager (Traffic)

Yours faithfully,


Dy. Manager (PLD-I)

Cc to: Shri B. Das, Sr. Mgr. (Tr.),
CMD Sectt.

With the request to attend the
above said programme on the
above mentioned date, time &
venue

दिल्ली परिवहन निगम
प्रशिक्षणशाला,
नन्द नगरी डिपो परिसर
दिल्ली-110093

सं०:प्रशि०/2011/1066

दिनांक: 16-9-2011

श्री बी० के० रामनाथ
प्रजापति ब्रह्मकुमारीज ईश्वरीय विश्वविद्यालय
राजयोग केन्द्र, ट्रांसपोर्ट एवं ट्रेवल विंग
सी-51, विकास पुरी,
नई दिल्ली

महोदय,

आपको अवगत कराया जाता है कि प्रशिक्षणशाला, नन्द नगरी डिपो परिसर में प्रशिक्षण प्राप्त करने हेतु आने वाले चालकों एवं संवाहकों को हम स्ट्रैस मैनेजमेंट पर आधारित आपके संस्थान के वक्ताओं के लैक्चर्स का आयोजन कराना चाहते हैं। इस संबंध में आपसे पहले भी वार्तालाप हो चुकी है।

अतः आपसे अनुरोध है कि आप अपने संस्थान के वक्ताओं के लैक्चर्स दिलाने के संबंध में दिये जाने वाले लैक्चर्स की समय-सारिणी से शीघ्रातिशीघ्र अवगत कराने की व्यवस्था करें।

धन्यवाद।

भवदीय,


16/9/11
उप मुख्य महाप्रबन्धक(प्रशिक्षण)

‘मन की शांति के लिए राजयोग जरूरी’

गुडगांव | हमारे संवाददाता

मन की शांति का विकास करने के लिए राजयोग आवश्यक है। क्योंकि यदि हमारा मन कमजोर होगा तो हम किसी भी कार्यक्षेत्र में सफलता प्राप्त नहीं कर सकते। उक्त बातें बोहड़कला स्थित ओम शांति रिट्रीट सेंटर परिसर में आंतरिक शक्तियों का राजयोग द्वारा विकास नामक कार्यक्रम के शुभारंभ पर स्थानीय जनरल मैनेजर रेलवे रघुनंदन प्रसाद ने कही। ओआरसी में यह कार्यक्रम ट्रांसपोर्ट विभाग से जुड़े लोगों के लिए आयोजित किया जा रहा है।

कार्यक्रम में वरिष्ठ प्रबंधक डीटीसी, बी. दास ने कहा कि मानव को अपने जीवन में तीन चीजों की सबसे अधिक आवश्यकता होती है। वह है रोटी, कपड़ा और मकान। लेकिन इन तीनों चीजों की प्राप्ति बिना ट्रांसपोर्ट के प्रयोग के बिना असंभव है। यदि कोई भी वाहन चालक



ओम शांति रिट्रीट सेंटर में मंगलवार को आयोजित कार्यक्रम में उपस्थित लोग।

तनावग्रस्त होकर वाहन चलाएगा तो वह अपने सहित बहुत से लोगों को संकट में डाल सकता। तनाव से दूर होने के लिए अपनी मानसिक शक्तियों का विकास करना अति आवश्यक है, जो राजयोग से ही संभव है।

ज्वाइंट जनरल मैनेजर एयरपोर्ट अथॉरिटी, परमानन्द जेबी सैनी ने कहा कि तनाव मुक्ति के लिए परमात्मा की

याद ही सबसे अच्छा साधन है। जोनल को-ऑर्डिनेटर ऑफ ट्रांसपोर्ट टैवल विंग बीके रामनाथ ने कार्यक्रम का उद्देश्य बताते हुए कहा कि मानव के स्वभाव और संस्कार को परिवर्तन करने के लिए विज्ञान की नहीं बल्कि आध्यात्मिकता की आवश्यकता है। मंगलवार को कार्यक्रम का 200 से भी अधिक लोगों ने लाभ लिया।

Spiritual lessons for commercial drivers

MOTIVE To curb road accidents involving commercial vehicles

Subhendu Ray

■ subhendu.ray@hindustantimes.com

■ **NEW DELHI:** Failing to curb road accidents involving commercial vehicles, Delhi traffic police have now taken the path of spiritual preaching. The traffic police have decided to provide spiritual and moral orientation to the owners and drivers of commercial vehicles.

■ This is a one-day programme that includes lectures on spirituality and on traffic signals and signages, Supreme Court guidelines, traits of a good driver, responsibilities of good drivers in case of accidents and breakdowns. It will be an eight-hour programme, of which two hours would be devoted on the moral aspects of traffic norms.

■ "We have plans to conduct such programmes frequently and train the drivers and owners of commercial vehicles. We hope this will bring a sea change in the behaviour of drivers, especially those who drive on city roads during night hours when the presence of traffic police on roads is thin or almost nil," said BS Bassi, special commissioner of police (traffic).

Police will soon chalk out a schedule and ask transportation companies, Delhi Transport Corporation, auto and taxi operators' associations to enroll the respective owners and drivers to undergo the programme, said sources.

Delhi Police have tied-up with spiritual leaders and practitioners from different organisations including Brahma Kumaris Spiritual University (BKSU) to conduct such programme.

To start with, police have already started training drivers and owners of about 5,000 commercial vehicles that have been given 'no entry' permission to ply on city roads even when no entry restrictions are imposed. On October 25, a total of 1,200 people were given training at traffic police line.

■ Ram Nath, spiritual coordinator (transport) of BKSU, said: "Through these orientation programmes we try to incorporate sense of responsibilities among the drivers. This programme would help them to get rid of bad habits like drink driving and also improve in their behavioural pattern."

We hope this will bring in a sea change in the behaviour of drivers.

BS BASSI

special commissioner of police (traffic)

This programme would help them to get rid of bad habits like drink driving.

RAM NATH

spiritual coordinator (transport), BKSU

OFFICE OF THE ASSTT. COMMISSIONER OF POLICE: TRAFFIC (RSC)
DEV PRAKASH SHASTRI MARG, PUSA, NEW DELHI

No. 2617 R/ACP/T-RSC dated New Delhi the 18.11.11

To,

Sh. Ram Nath
Brahm Kumaris Ashram
C-51, Vikas Puri, Delhi.

Sub: Request to deliver lecture on ethics of life

Sir,

It is to be stated that a Refresher Course for the drivers as well as the owners of commercial vehicles who have been permitted "No Entry" Permission from DCP/T-VIP is being organised at **Dev Prakash Shastri Marg, PUSA, New Delhi**. The course is likely to continue for a month. The objective of the course is to sensitize them about their responsibilities while driving and also to instill in them moral and behavioural ethics.

You are hereby requested to deliver lecture on ethics of life with emphasis on road safety on any convenient dates from 21st November onwards during evening hours i.e. 4 to 5 PM. Kindly contact TI/Road Safety Cell at 011-25845629 and confirm the dates convenient to you.

With regards,



ASSTT. COMMISSIONER OF POLICE
TRAFFIC, ROAD SAFETY CELL

Drivers to manage stress, stay off crash course

Aful Mathur

■ atulmathur@hindustantimes.com

NEW DELHI: They drive non-stop for 8-10 hours in a city like Delhi, which is known for its extreme weather and tough driving conditions. No wonder Delhi Transport Corporation (DTC) drivers often lose patience and sometimes their control on the vehicle. Concerned about the growing number of accidents, DTC has decided to conduct special classes on 'stress management' for its drivers.

Special trainers will teach drivers how to fight stress and maintain calm while on the wheels. They'll also advise them to include meditation in their daily routine. Senior DTC officials said stress management classes would be conducted at their training centre at Nand Nagari. Some other depots are also being identified for the purpose.

The DTC has also decided to conduct a day-long special classroom training for all its drivers.

Senior officials say DTC drivers — about 16,000 — are being divided into three categories. Category A will have drivers who have five or more accidents to their name. Category B will have drivers who have up to four accidents to their name. Category C will have drivers who have an impeccable record.

"We will screen a special film on road accidents and how a fatal accident affects the families of the driver and the victim. The idea is to involve drivers and tell them how important it is

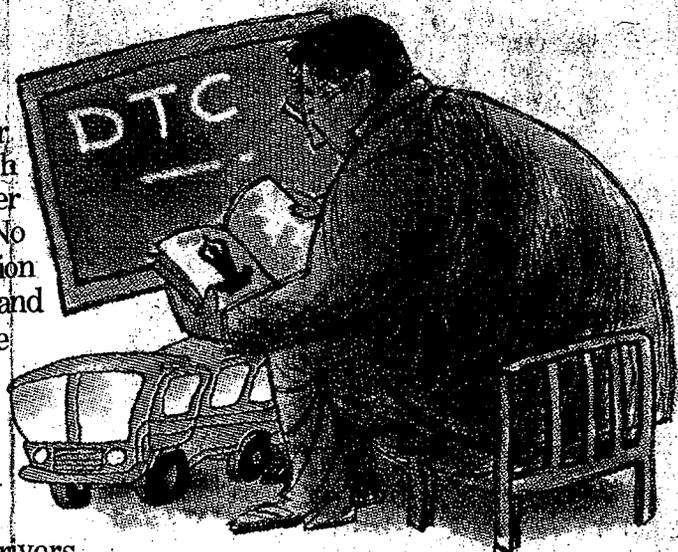


ILLUSTRATION: ABHIMANYU

to drive safe and maintain an accident-free environment," said a senior DTC official. Officials said training would start soon. Both stress management and classroom training will be given to Category A drivers first. DTC officials said all drivers would undergo two-day refresher training every six months.

To check overspeeding and reckless driving, DTC has formed special squads — comprising depot managers and supervisory staff — which conducts random checks on buses and penalises the crew for violations.

"We have identified areas we get most complaints from. The enforcement teams keep a special check on those areas," said an official.

TALK TO US

■ How can the DTC be put back on track? Share your thoughts. Write to us at

htreporters@hindustantimes.com